

Leicestershire Partnership



Psst! Parents!

As well as enjoying the content with your child, you can get advice on supporting their health and wellbeing.

www.healthforkids.co.uk/grownups

f @healthforkids1 🍯 @Healthforkids1 💿 @healthforkidsgrownups





Text a public health nurse (school nurse) for confidential advice and support:

Leicester City

Leicestershire & Rutland

♥ 07520 615381 ♥ 07520 615382

Or scan the QR code to start a chat:



Disclaimer: All texts are confidential however we might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we have received your text. Texts will only be seen between 9am and 5pm, Monday to Friday excluding bank holidays. If you need help before you hear back from us please contact your nearest Walk-in-Centre, GP or call 111. In an emergency call 999. Our text number does not receive voice calls or MMS picture messages. To prevent the health professional from sending messages to you, text STOP to the number. Messages are charged at your usual rate.